



# COBIT® 5 Foundation Course

**Certificate:** COBIT® 5 Foundation Course

**Duration:** 2 or 3 days (Plus)

**Course Delivery:** Classroom, Virtual  
Classroom

**Course ID:** GOV1230 / GOV1240

**Language:** English

**Credits:** 19.5 CPE units, 14 PDU's (2 days), 21 PDU's (3 days)

## Course Description

The COBIT® 5 Foundation course is an interactive, classroom-based learning experience. Participants learn about the need for an IT governance framework and how COBIT addresses this need by providing the latest insights into enterprise-wide governance of IT. This course explains the elements and supporting materials of the COBIT framework, using a logical and example-driven approach for anyone interested in obtaining COBIT foundation level knowledge. COBIT 5 Foundation is the first step, and a prerequisite, to enroll into the advanced level courses that ISACA has planned for release in 2013.

## COBIT 5 Foundation Plus

We offer COBIT 5 Foundation as a 2-day or a 3-day “Plus” course. The 3-day course offers essential COBIT 5 learning that was not originally part of the COBIT 5 syllabus. Plus, the exam and extensive exam training are included in Day 3, and we spend more time on each module and exercise.

## About COBIT

COBIT 5 provides the next generation of ISACA’s guidance on the enterprise governance and management of IT. It builds on more than 15 years of practical usage and application of COBIT by many enterprises and users from business, IT, risk, security and assurance communities. Today, more than ever, information and related technologies need to be governed, managed and operated in a holistic manner—with a single, integrated process model that provides end-to-end coverage of the roles, responsibilities and practices required.

COBIT 5 provides a comprehensive framework that assists enterprises in achieving their objectives for the governance and management of enterprise IT. It helps enterprises create optimal value from IT by maintaining a balance between realizing benefits and optimizing risk levels and resource use. COBIT 5 enables IT to be governed and managed in a holistic manner for the entire enterprise, taking in both the full end-to-end business and IT functional areas of responsibility, while considering the IT-related interests of internal and external stakeholders. COBIT 5 is generic, and is useful for enterprises of all sizes; whether commercial, not-for-profit or in the public sector.

## Audience

A wide range of business managers, IT management consultants, IT governance professionals, and auditors who wish to gain a better understanding of COBIT 5 and what the framework can provide their organization.

## Learning Objectives

At the end of this course, participants will gain competencies in:

- Key challenges of using IT
- IT governance concepts and benefits
- COBIT 5 framework, principles, and enablers
- Relationship between stakeholder needs and governance
- Implementation approach for the use of COBIT 5
- Structure of COBIT 5 process reference model
- Governance and management domains



- Components of COBIT 5 processes
- Need for capability assessments
- COBIT 5 ISO/IEC 15504 approach
- Application of COBIT 4 maturity model approach with COBIT 5
- Other COBIT 5 enablers for IT governance and management

### Benefits

At the end of this course, participants will enjoy these benefits:

- Master COBIT 5 at a foundation level
- Interact and learn from peers in this intensive, group-learning exercise
- Apply COBIT in their day-to-day practice

The course is a steppingstone for the COBIT Implementation Methodology course, as well as other COBIT 5 courses. Flexible delivery: the course is available in the traditional classroom, virtual classroom, and eLearning formats.

### Case Study

Scenario-driven learning has always been one of the key success factors of the COBIT Foundation course, since it puts participants in the right mind-set to apply the principles of COBIT in real life. The new case study takes this into account and builds on it by:

- Providing more business-focused challenges through situations and cases
- Presenting a real world connect using situations that can occur in the day-to-day life of participants
- Discussing the application of COBIT with others

### Course Organizational Logistics

Classroom setting

Whiteboard, flipchart and projector

Maximum 16 participants, no minimum

### Prerequisites

There are no formal prerequisites; however, it is recommended that participants have experience in the IT governance domain.

### Course Material

Participants receive a copy of the classroom presentation materials and the Participant Workbook, which contains reference material.

### About the Examination

- The COBIT 5 Foundation Exam (and preparation) are only included in the 3-day course.
- The 3-day course includes an Exam Preparation module, which prepares participants to take the COBIT 5 Foundation Exam on the third day of the course.
- The exam is in closed-book format with 50 multiple-choice questions. The pass score is 50%. The exam lasts for 40 minutes. The exam is available as web-based or paper-based.

### Agenda

Day 1	Time	Day 2	Time
1. Course Introduction	00:30	Recap of Day One	00:45
2. Why COBIT? <i>IT Governance and Management Challenges</i>	01:00	6. COBIT 5: the COBIT Processes	00:45
Break	00:15	Break	00:15
3. COBIT 5: An Introduction	01:00	Assignment 3: Stakeholder Concerns and IT Governance Principles	01:00
Assignment 1: IT Challenges for Callwick	01:00	7. COBIT 5: The COBIT Process Components	00:30
Lunch	01:00	Lunch	01:00
4. COBIT 5: Meeting Stakeholder Needs	00:45	8. COBIT 5: Process Capability Assessments	01:00
Assignment 2: The Goals Cascade	01:15	Break	00:15
Break	00:15	Assignment 4 – Identifying IT processes, practices and goals	01:00
5. COBIT 5: Introduction to COBIT 5 – Enabling Processes	01:00	9. COBIT 5: Other Governance and Management Enablers	00:45
Closure and Homework	00:15	Recap of Day 2 - Quiz and Questions	00:45
Total	08:15		08:00



| (Day 3 continued on the next page)

<b>Day 3 (optional)</b>	<b>Time</b>
Exam preparation guidance	00:45
Revision Recap – Key COBIT 5 facts for the exam	00:45
Break	00:15
Practice Exam	01:00
Self Study	00:30
Lunch	01:00
Exam	01:00
<b>Total</b>	<b>05:15</b>

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